

WINTER 2025/6



Portsmouth Diocese

SUPPORT FOR OLDER PEOPLE

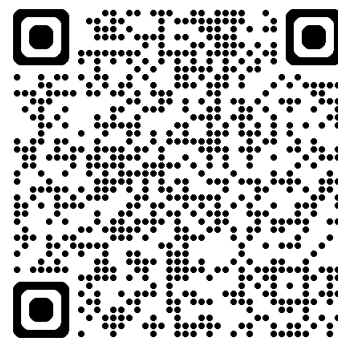


Many older people are not claiming benefits that can help support them particularly during the winter months. Use the information below to see if you are eligible for extra help.

Check eligibility online through <https://www.gov.uk/pension-credit-calculator> or phone 0800 99 1234. Owning your house or having savings does not necessarily exclude you from being eligible.

Support can be given through Age UK at <https://www.ageuk.org.uk/information-advice/money-legal/benefits-entitlements/pension-credit/>

For more signposting support visit <https://caritasportsmouth.org.uk/cost-of-living-support/>



Please note, Caritas Portsmouth cannot provide financial advice, this information is for signposting only. This information is not applicable to people living in the Channel Islands.

Caritas Portsmouth is part of the Catholic Diocese of Portsmouth Charity No. England 1199568 Jersey 457 and Guernsey CH263