

Emergency Contacts and Support Services for Domestic Abuse

If someone is safe, but needs to report a crime such as criminal damage, physical violence or sexual violence, call the Police on 101

The National Domestic Abuse Helpline, run by Refuge/Women's Aid is

0808 2000 247

For children call Childline on 0800 1111

For men advice line 0808 8010327

List of the support and services for the Pastoral Areas

1. Andover

- Andover Crisis and Support Centre (Finding Freedom)
 - Telephone: 01264 366122 / 0333 242 2055 or Outreach 0330 828 5808
 - Text, and can include a time to text back 07704 345 486
 - Email: enquiries@findingfreedom.org.uk or outreach@findingfreedom.org.uk
 - Website: <https://www.findingfreedom.org.uk/>
- Basingstoke
 - Phone for free, on 0330 016 51 12
 - email advice@stopdomesticabuse.uk
 - visit [Stop Domestic Abuse](https://www.stopdomesticabuse.uk) website

2. Basingstoke

- Phone for free, on 0330 016 51 12
- email advice@stopdomesticabuse.uk
- visit [Stop Domestic Abuse](https://www.stopdomesticabuse.uk) website
- Paragon (part of You Trust)
 - phone free for confidential advice on 0800 916 98 78
 - email paragonhants@theyoutrust.org.uk
 - visit [PARAGON - Domestic abuse - sexual abuse - stalking - counselling](https://www.paragonhants.org.uk) website

3. Bournemouth

- Free phone: 0800 032 5204 (Please be aware that calls to 0800 numbers may show up on itemised phone bills)
- Website: [PARAGON - Domestic abuse - sexual abuse - stalking - counselling](#)
- Email: ParagonDorset@theyoutrust.org.uk
- For other support visit <https://www.dorsetcouncil.gov.uk/w/help-for-those-who-have-experienceddomestic-abuse>
- [Domestic Abuse Helpline for Men | Men's Advice Line UK](#). - 0808 801 0327

4. English Martyrs, Vale of White Horse

- Support for victims of Domestic Abuse in Oxfordshire is through the Oxfordshire Domestic Abuse Service (ODAS).
- Advice line on 0800 731 0055 (Monday - Friday, 10am - 7pm). The freephone number will not show on their telephone bill but may appear on an itemised mobile phone bill. ODAS will offer advice on next steps with:
 - Accessing other specialist services, e.g. police, housing, social care, legal services, support for children and young people.
 - Identify emergency accommodation if it is needed.
 - Signposting to other organisations including trauma counselling and specialist support.
- [Domestic Abuse Helpline for Men | Men's Advice Line UK](#). - 0808 801 0327

5. Guernsey

- SAFER Independent Domestic Violence Advisory (IDVA) provide a variety of services.
 - Phone number: 01481 721999 or
 - Email on enquiries@safer.gg
 - For further information see their website [Home | safer.gg](#) or their Facebook page [Safer | Facebook](#)
- 0808 801 0327, [Domestic Abuse Helpline for Men | Men's Advice Line UK](#).

6. Havant

- Telephone: 0330 0533 630
- Message through their contact form <https://stopdomesticabuse.uk/hampshireadvice-line-contact-form>
- There are instructions on their website on how to browse safely without leaving a visible history

7. Isle of Wight

- Paragon helpline on 0800 234 6266 or
- Email paragoniow@theyoutrust.org.uk .
- There is more information about local support and services on the [PARAGON - Domestic abuse - sexual abuse - stalking - counselling](#) website.

8. Jersey

- Phone: +44 (0) 1534 880505, Phone line is open from 8am - 5pm. Outside of these hours you can leave a message with your contact details and JDAS will call you back.
- Email: jdass@gov.je .

9. Maidenhead and Twyford

"Support for victims of Domestic Abuse in Berkshire is from Berkshire Women's Aid (BWA). BWA provide emotional and practical support to all people experiencing domestic abuse, regardless of gender, age, ethnicity, socio-economic status, sexuality or background"

- a 24/7 helpline: 0808 801 0882
- refuge accommodation
- outreach/Independent Domestic Violence Advocate (IDVA) support
- a dedicated worker in the Council's Contact, Advice and Assessment Service within Children's Services
- safety planning
- financial, legal, housing and other advice
- [Domestic Abuse Helpline for Men | Men's Advice Line UK](#)- 0808 801 0327

10. North-East Hampshire

- Stop Domestic Abuse e-advice line on 03300 165 112. The advice line is available to anyone seeking advice, help, support or access to services. This includes victims and survivors, family and friends of someone experiencing abuse, and professionals.
- [Domestic Abuse Helpline for Men | Men's Advice Line UK](#)- 0808 801 0327

11. New Forest

Support in the New Forest Stop Domestic Abuse offer a confidential support service to women, children, young people and men experiencing domestic abuse. They provide services to people who have experienced or who are experiencing emotional, physical or sexual abuse in their relationships.

- Phone: 03300 165112
- Email: info@stopdomesticabuse.uk

12. Newbury

"Support in West Berkshire is from Berkshire Women's Aid (BWA). BWA provide emotional and practical support to all people experiencing domestic abuse, regardless of gender, age, ethnicity, socio-economic status, sexuality or background"

- a 24/7 helpline: 0808 801 0882
- refuge accommodation
- outreach/Independent Domestic Violence Advocate (IDVA) support
- a dedicated worker in the Council's Contact, Advice and Assessment Service within Children's Services
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- financial, legal, housing and other advice

13. Portsmouth

- For advice and support call 023 9206 5494
- Or email portsmouthreferral@stopdomesticabuse.uk

The specialist team is on hand to discuss concerns and needs, 9am – 9pm Monday to Friday and 10am – 6pm weekends and bank holidays. Contact can be by phone or face-to-face in a safe location.

- [Domestic Abuse Helpline for Men | Men's Advice Line UK](#)- 0808 801 0327

14. Reading

"Support in South Berkshire is from Berkshire Women's Aid (BWA). BWA provide emotional and practical support to all people experiencing domestic abuse, regardless of gender, age, ethnicity, socio-economic status, sexuality or background"

- a 24/7 helpline: 0808 801 0882
- refuge accommodation
- outreach/Independent Domestic Violence Advocate (IDVA) support
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- financial, legal, housing and other advice
- [Domestic Abuse Helpline for Men | Men's Advice Line UK](#)- 0808 801 0327

15. South Berkshire

"Support in South Berkshire is from Berkshire Women's Aid (BWA). BWA provide emotional and practical support to all people experiencing domestic abuse, regardless of gender, age, ethnicity, socio-economic status, sexuality or background"

- a 24/7 helpline: 0808 801 0882
- refuge accommodation
- outreach/Independent Domestic Violence Advocate (IDVA) support
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16. Solent

- Support in Fareham can be reached through Stop Domestic Abuse
 - phone for free, on 0330 0533 630
 - email advice@stopdomesticabuse.uk
 - visit [Stop Domestic Abuse](#) website
- Support in Gosport
[Hampshire Domestic Abuse Partnership | Health and social care | Hampshire County Council](#)
– 03300 165 112 Or
 - Southern Domestic Abuse Service
 - phone 0330 016 5112 (Helpline)
 - email spoc@southerndas.org

17. South Downs

- Support in East Hampshire
 - Stop Domestic Abuse e advice line on 03300 165 112. The advice line is available to anyone seeking advice, help, support or access to services. This includes victims and survivors, family and friends of someone experiencing abuse, and professionals.
 - [Domestic Abuse Helpline for Men | Men's Advice Line UK](#)- 0808 801 0327

18. Southampton

"Support in Southampton is available via the PIPPA Helpline which provides help and advice as well as referrals to specialist services. PIPPA is open for victims and their family and friends, as well as professionals between 9:30am-4:30pm Monday to Friday"

- Telephone: 023 8091 7917 (voicemails can be left if line is busy or calling outside of opening hours)

- Email: pippa@southampton.gov.uk
- [Domestic Abuse Helpline for Men | Men's Advice Line UK](#) - 0808 801 0327

19. St Swithun Wells

- Support in Andover Crisis and Support Centre
Telephone: 01264 366122
- Eastleigh and Winchester - see national helpline.
- More information to support can be found at
<https://www.hants.gov.uk/socialcareandhealth/domestic-abuse-partnership/support>

20. St Peter and the Winchester Martyrs

- Support in Winchester - see national helpline.
- More information to support can be found at
<https://www.hants.gov.uk/socialcareandhealth/domestic-abuse-partnership/support>

21. Windsor and Ascot

"Support for victims of Domestic Abuse in Berkshire is from Berkshire Women's Aid (BWA). BWA provide emotional and practical support to all people experiencing domestic abuse, regardless of gender, age, ethnicity, socio-economic status, sexuality or background"

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