



## **Dementia Friendly Churches Resources**

Please find below a list of resources that maybe helpful in supporting people living with Dementia and their carers in our Diocese.

### **General guidance**

From the Church of England, this pack includes some tips on what to look out for – behaviours that people might show if they have dementia and ideas of how to respond, and a series of self-reviews looking at buildings, services and community support.

<https://www.churchofengland.org/sites/default/files/2018-07/Becoming%20a%20dementia%20friendly%20church.pdf>

Methodist Homes and Christians on Ageing have produced this pack which also includes a couple of scenario's on how to keep including volunteers who develop dementia as well as ideas of how parishes can support.

[https://www.mha.org.uk/files/3814/0931/8295/Growing\\_Dementia\\_Friendly\\_Churches.pdf](https://www.mha.org.uk/files/3814/0931/8295/Growing_Dementia_Friendly_Churches.pdf)

### **Prayer Resources**

This is a prayer booklet containing some traditional prayers both for people living with Dementia and their carers

<https://dioceseofstasaph.org.uk/wp-content/uploads/Prayers-for-those-living-with-dementia-to-read-online.pdf>

This website has lots of practical tips on supporting people living with Dementia to continue their prayer life.

<https://www.prayerideas.org/praying-with-dementia-patients-and-alzheimers-patients/>

More ideas and suggested prayer resources

[Faith resources as dementia advances - Diocese of Lichfield \(anglican.org\)](https://www.prayerideas.org/praying-with-dementia-patients-and-alzheimers-patients/)

### **The 3 Minute Prayer and Devotion:**

<https://www.eden.co.uk/christian-books/prayer-books/prayer-compilations/3-minute-prayers-for-the-morning/>

<https://www.eden.co.uk/christian-books/prayer-books/prayer-compilations/3-minute-prayers-for-the-evening/>



<https://www.eden.co.uk/christian-books/prayer-books/prayer-compilations/3-minute-prayers-for-later-in-life/>

Specifically for dementia, there is a series of scripture books with verses or prayers and peaceful pictures:

<https://www.eden.co.uk/shop/search.php?q=dementia+picture+book>

## **Symbols**

Symbols can be used to identify rooms, activities etc can be helpful if reading becomes a problem. Particularly those that people are already familiar with.

Makaton is an augmentative communication system often used for people who are non-verbal and often with learning difficulties. It is not really designed for people living with Dementia, although there is some research being carried out to see how Makaton can be used in these situations. Their symbols might be helpful for signage purposes (and helpful for others) and there are some prayer and seasonal resources.

[https://makaton.org/TMC/Free\\_resources\\_.aspx?hkey=195b178e-78f1-4757-94a2-326a83afd84f](https://makaton.org/TMC/Free_resources_.aspx?hkey=195b178e-78f1-4757-94a2-326a83afd84f)

## **Useful websites**

Below is a list of organisations that may be able to offer support or guidance.

Alzheimer's Society <https://www.alzheimers.org.uk/>

Dementia Friends <https://www.dementiafriends.org.uk/>

Dementia UK <https://www.dementiauk.org/>

Age UK <https://www.ageuk.org.uk/>

Dementia Support Hampshire and IOW <https://www.mydementiasupport.org/>

Princess Royal Trust for Carers Hampshire <https://carercentre.com/>

Carer Support in Dorset <https://www.carersupportdorset.co.uk/>

Support in Berkshire <https://www.westberks.gov.uk/carerssupport>

Support in Isle of Wight <https://www.carersiw.org.uk/>

Dementia Carer support Oxfordshire <https://www.dementiaoxfordshire.org.uk/carers-support/>

Dementia Support in Jersey <https://dementia.je/>

Dementia support in Guernsey <https://www.dementiafriendly.org.gg/>