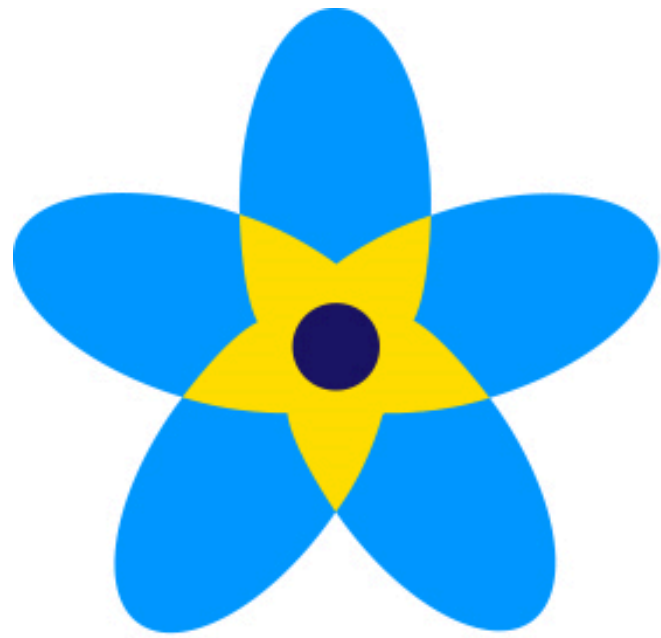


Everyone Welcome!

Join Caritas Portsmouth as we host an online session on how to be a Dementia Friend.



Dementia Friends

An Alzheimer's Society initiative

Ideal for parishes who are thinking of running a Dementia Cafe, wanting to make their parishes a more Dementia Friendly space or for anyone just want to know how to support family, friends or people in the community.

Tuesday 21 May | 7-8:15pm

One in two of us will be affected by dementia in our lifetime.

Either by caring for someone with the condition, developing it ourselves, or both.

Find out how you can help.



Sign up using the QR code
or visit our website
<https://caritasportsmouth.org.uk>

 **Caritas**

Portsmouth Diocese

